

APHEIS Air Pollution and Health: A European Information System

Health Impact Assessment of Air Pollution

Tel-Aviv City Report

2002-2003

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TEL-AVIV CITY REPORT

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Summary of the main findings

Annual mean values of PM₁₀ pollution in Tel-Aviv increased markedly between 1996 and 1998, from 56.4µg/m³ to 66µg/m³.

Recently, the WHO recommended the use of a correction factor of 1.3 for measured PM₁₀-values, due to use of continuous measurement methods, which underestimate the real PM₁₀ values. According to this change, the annual mean value of PM₁₀ in Tel-Aviv in 1998 was 85.8µg/m³. This value is significantly higher than the current annual Israeli standard for PM₁₀ (50µg/m³) and the EC target standard for 2005 (40µg/m³).

In 1998 no PM_{2.5} measurements were carried out in Tel-Aviv. Recent measurements of the two fractions of PM (namely PM₁₀ and PM_{2.5}), carried out in parallel in the same monitoring station in Tel-Aviv, enabled to calculate the local conversion factor for PM_{2.5} from PM₁₀. We used this local conversion factor of 0.5 to calculate PM_{2.5} values from the calculated PM₁₀ values for 1998. The calculated annual PM_{2.5} concentration for Tel-Aviv in 1998 was 42.9µg/m³.

We analyzed the health outcomes attributable to exposure to both PM₁₀ and PM_{2.5}. We looked at different time frames of exposure and their health outcomes: short-term (ST: 0-1 days) cumulative (DL: distributed lag up to 40 days) and long-term (LT: years). We studied different exposure scenarios in order to find out the benefits, in terms of lives saved, hospital admissions avoided and years of life saved, as a result of reduction of PM levels.

This analysis estimated for example, that the reduction of long-term PM_{2.5} levels in Tel-Aviv from 42.9µg/m³ to 20µg/m³ could have saved 1,267 lives, including 750 cardio-pulmonary and 76 lung cancer lives in one year.

In terms of life expectancy, all other things being equal, if annual mean PM_{2.5} levels (42.9 µg/m³) would have been reduced to 15 µg/m³, the 49.52 years of life expectancy in a person of 30 years old could be increased by 1.81 years, due to reduced risk of death (from all causes) in the district of Tel-Aviv.

If the annual mean of PM₁₀ would have been kept under 40µg/m³ (EC target standard for 2005) 1,536 death cases could be avoided and if daily PM₁₀ levels would have been just under 50 µg/m³, 343 cardiac and respiratory hospital admissions could have been avoided.

Compared to the 26 other Apehis cities, Tel-Aviv is the most polluted one in terms of particulate pollution; hence the severe public health consequences of this exposure. For instance, regarding the benefits of the reduction of long term PM₁₀ pollution to 40µg/m³, Tel-Aviv would be the most beneficial city in the project. Similarly a reduction of long-term PM_{2.5} concentrations to 15µg/m³, would be most beneficial in terms of life expectancy.

Transportation constitutes the main source of air pollution in Tel-Aviv metropolitan area, while another important source is a 428megawatt oil-fired power plant.

Among the actions implemented by the authorities to reduce air pollution, is a gradual shift towards the use of new buses (Euro 2), which are both the most common mean of public transportation and the main polluters in Tel-Aviv. Among the planned actions to reduce air

pollution is the development of a new public transportation system from the suburbs to the city center based on trains.

Background

- The main findings regarding Health Impact Assessment (HIA) for Tel-Aviv in 1996 are as follows: By using the Apehis scenarios for acute effects, we found for instance, that even a small reduction of daily PM₁₀ levels above 50µg/m³ to 50µg/m³ could save 58 lives, 131 hospital admissions for cardiac diseases and 66 hospital admissions for respiratory diseases (for persons 65+ years). By using the scenarios for chronic effects we found that by reducing the annual mean of PM₁₀ from 56.4µg/m³ to 40µg/m³ (EC target for 2005) we could save about 618 lives, while by reducing annual mean levels of PM₁₀ to 20µg/m³, we could save about 1315 lives.
- The objectives for Apehis 3 in 1998, were to reanalyse the health effects related to PM₁₀ air pollution in Tel-Aviv similarly to 1996 and for the first time to analyze the health effects related to PM_{2.5} air pollution. Additionally, to study further parameters such as long term effects in terms of Years of Life Lost (YoLL) and gain in life expectancy.
- The HIA (Health Impact Assessment) findings for 1996 were transferred to the relevant ministries (health and environment) and to the municipality of Tel-Aviv. None of them commented on the findings. The only response was from the public and the media.
- Air quality: The annual measured mean of PM₁₀ in 1996 was 56.4µg/m³, while in 1998 it was even higher: 66µg/m³ – much higher than the 2005 EC limit value (40µg/m³) for PM₁₀.
- Although the official agencies did not show any interest in the results achieved so far, it is very important to reiterate the analysis in order to draw public attention to the severe health impact of exposure to community air pollution.
- There were no major changes regarding local characteristics in Tel-Aviv district, e.g. population size, study area and economic activity between 1996 and 1998. Hence the results from the two studies are comparable.

Sources

- Principal sources of air pollution were described in detail in the previous Apehis city report (www.apheis.org). This is an update of the main sources of air pollution:
- Transportation continues to constitute the main source of air pollution in Tel-Aviv metropolitan area: about 65% of the emissions of nitrogen oxides, 90% of the emissions of carbon monoxide, 60% of the emissions of CO₂ and 68% of the emissions of hydrocarbons are emitted from cars.

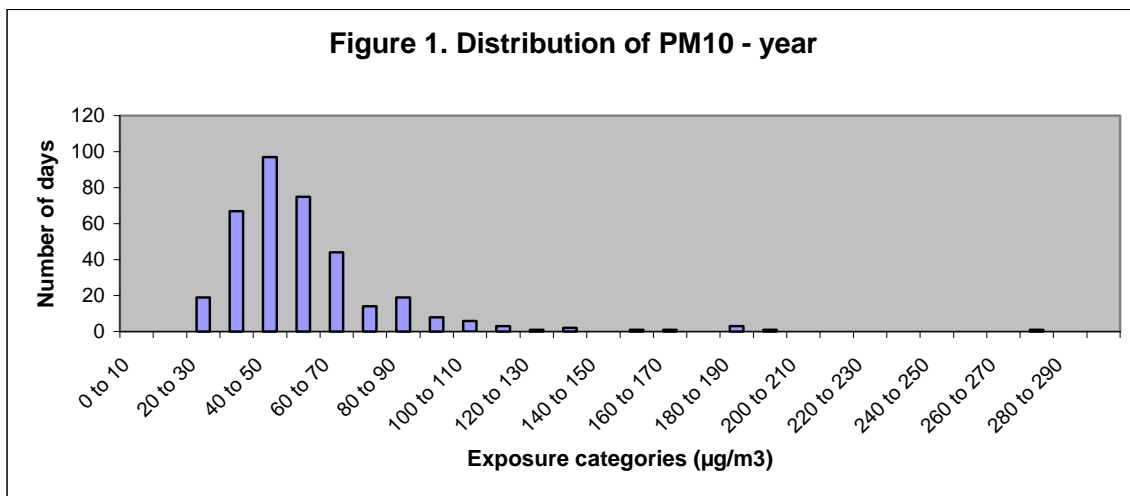
Exposure data

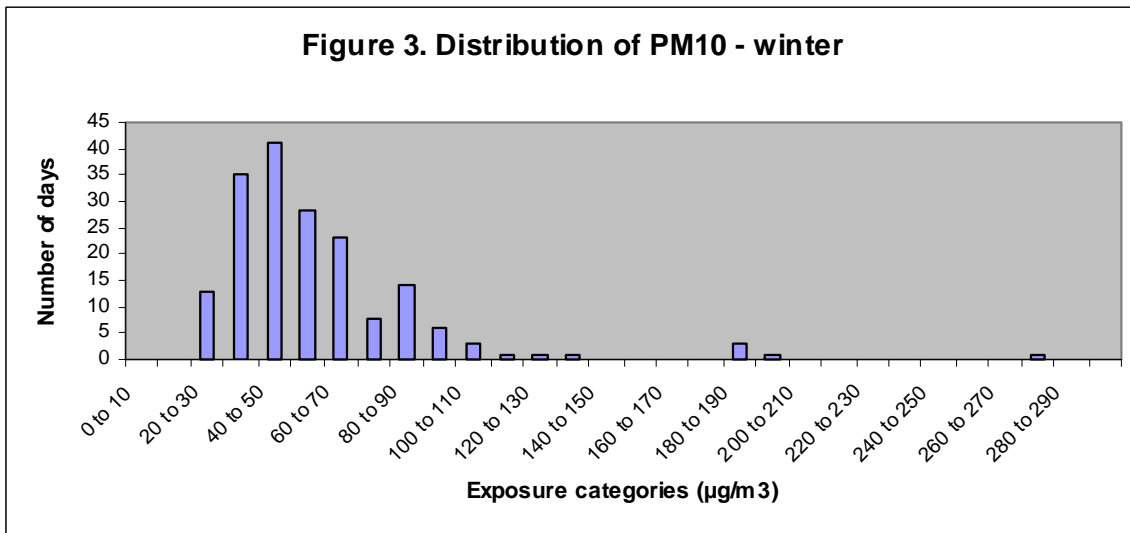
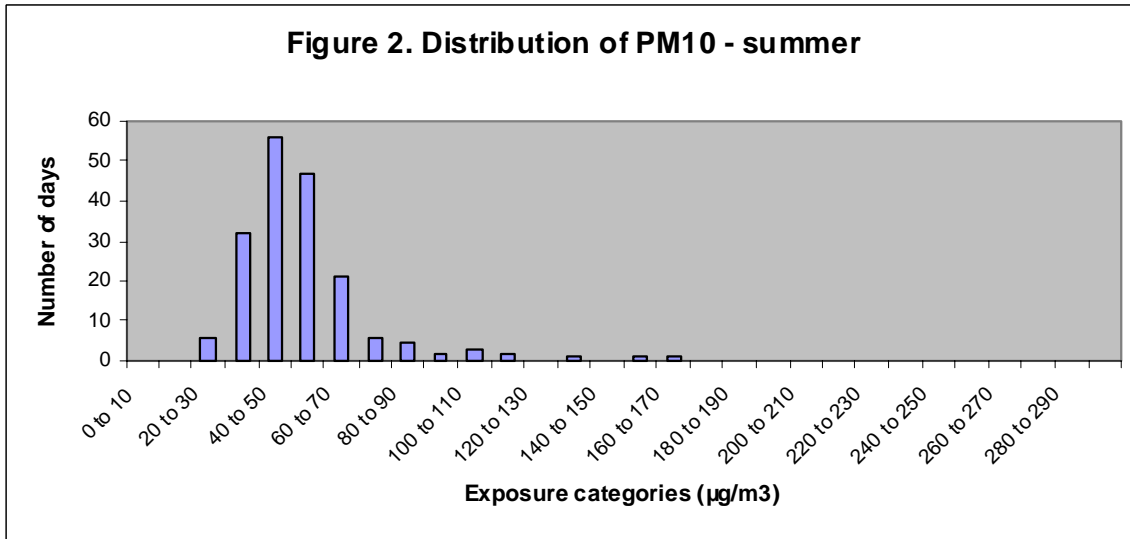
- Regarding the air quality network: there were no major changes in the air quality network presented in the Apehis 2 report, that may affect exposure data for Apehis 3.
- The PM₁₀ data from the same 2 monitoring stations used in Apehis 2, were used for Apehis 3 analysis. Hence the results from the two studies are comparable.

- Methods of measuring PM₁₀ and PM_{2.5}: PM₁₀ was measured continuously, using TEOM instruments, the measurements of which underestimate the real PM₁₀ concentrations due to losses of volatile particulate matter. According to the recommendations of the WHO, we used a correction factor of 1.3 for the automatic measurements, in order to calculate the corrected PM₁₀ concentrations in 1998.
- In order to calculate PM_{2.5} values, we multiplied the corrected PM₁₀ values by a local conversion factor of 0.5.
- Exposure data for Apehis 3:
 - o Year of air pollution data – 1998.
 - o Daily measured mean levels (SD) of PM₁₀ were 66 (119) µg/m³.
 - o The levels of PM₁₀ reached during the days with the lowest (5th percentile) and the highest (95th percentile) levels were: 29µg/m³ and 105µg/m³ respectively.
 - o Number of days when air pollutants exceeded limit levels:

Air pollutant	PM ₁₀
Number of days above	20 µg/m ³
	365
Number of days above	50 µg/m ³
	176

In Figures 1,2 and 3 the distribution of the actual measured PM₁₀ values for the whole year, for summer and for winter are presented.





The distributions of PM₁₀ during winter, summer, and the whole year are very similar. The mode of the distributions is 40-50 $\mu\text{g}/\text{m}^3$. Most of the values are in the range of 20-100 $\mu\text{g}/\text{m}^3$; about five percent of the values are in the range of 100- 290.

Health data

- The source of mortality and hospital admissions data for the year 1998 is the department of information in the Ministry of Health.

- Data quality assessment: A quality control program for the health data exists in the department of information. Still, there are 4.6% missing data in basic cause of death. Codification is carried out using the ICD9.
- The age-standardised mortality rate in 1998 is: 845 per 100 000 inhabitants (using the European population for year 2000¹).
- In Table 1 the daily mean number and the annual rate per 100000 inhabitants for deaths and hospital admissions is presented. The diagnoses used for the different calculations of the health outcomes both for short term and for long-term health impact assessments (HIA) are presented for ICD9 and for ICD10.

Table 1. Daily mean number and annual rate per 100 000 of deaths and hospital admissions (1998)

Health outcome	ICD9	ICD10	Daily mean number	Annual number of cases per 100 000
Short term HIA				
All causes mortality (excluding external causes)*	< 800	A00-R99	24.42	810.45
Cardiovascular mortality	390-459	I00-I99	9.90	328.45
Respiratory mortality	460-519	J00-J99	1.8	59.73
Cardiac hospital admissions	390-429	I00-I52	60.82	2018.18
Respiratory hospital admissions	460-519	J00-J99	39.43	1308.45
Long term HIA				
All causes mortality	0-999	A00-Y98	27.48	912
Cardiopulmonary mortality	401-440	I10-I70		
	460-519	J00-J99	11.31	375.27
Lung cancer mortality	162	C33-C34	0.84	28

* For short and long term scenarios

Health impact assessment (HIA)

Different scenarios were used to evaluate short and long-term exposure to particulate pollution. In the district of Tel-Aviv, these scenarios were built for two indicators of this particulate pollution: PM₁₀ and PM_{2.5}. The estimated health impacts of these indicators may overlap, and caution is recommended in the interpretation of findings: under no circumstances should we add findings of these indicators because they represent the same type of pollution.

Different tools and different estimates were used to evaluate the short- and long-term impacts of this particulate pollution on health. (Table 2).

¹ UNITED NATIONS. Population Division Department of Economic and Social Affairs. World Population Prospects: The 2000 Revision.

Table 2. Summary SHORT-TERM Health impact assessment (HIA)

	Health indicator	ICD		Tool	RR (95% IC) For 10 µg/m ³ increase	
Attributable cases		ICD9	ICD10			
		ST HIA for all cities report				
PM10	All ages, all causes mortality (excluding external causes)	< 800	A00-R99	French PSAS-9 Excel spreadsheet	WHO, 2003: 1.006 (1.004 - 1.008)	
	All ages, cardiovascular mortality	390-459	I00-I99		WHO, 2003: 1.009 (1.005 - 1.013)	
	All ages, respiratory mortality	460-519	J00-J99		WHO, 2003: 1.013 (1.005 - 1.021)	
	All ages, cardiac hospital admissions	390-429	I00-I52		Le Tertre et al. 2002: 1.006 (1.003 - 1.009)	
	All ages, respiratory hospital admissions	460-519	J00-J99		Apheis 3: 1.0114 (1.0062 - 1.0167)	
BS	All ages, all causes mortality (excluding external causes)	< 800	A00-R99	French PSAS-9 Excel spreadsheet	WHO, 2003: 1.006 (1.004 - 1.009)	
	All ages, cardiovascular mortality	390-459	I00-I99		WHO, 2003: 1.004 (1.002 - 1.007)	
	All ages, respiratory mortality	460-519	J00-J99		WHO, 2003: 1.006 (0.998 - 1.015)	
	All ages, cardiac hospital admissions	390-429	I00-I52		Le Tertre et al. 2002: 1.011 (1.004 - 1.019)	
	All ages, respiratory hospital admissions	460-519	J00-J99		Apheis 3: 1.0030 (0.9985 - 1.0075)	
PM10 Distributed lag (40 days)	All ages, all causes mortality (excluding external causes)	< 800	A00-R99	French PSAS-9 Excel spreadsheet	Zanobetti et al. 2002: 1.01227 (1.0081 - 1.0164)	
	All ages, cardiovascular mortality	390-459	I00-I99		Zanobetti et al. 2003: 1.01969 (1.0139 - 1.0255)	
	All ages, respiratory mortality	460-519	J00-J99		Zanobetti et al. 2003: 1.04206 (1.0109 - 1.0742)	
Complementary ST HIA for some cities reports						
PM10 with shrunken estimates	All ages, all causes mortality (excluding external causes)	< 800	A00-R99	French PSAS-9 Excel spreadsheet	Apheis 3: RRs and 95% CI of the shrunken estimate for each city	
					RR	
					Athens	1,012 (1,008-1,017)
					Barcelona	1,009 (1,005-1,012)
					Budapest	1,005 (0,999-1,011)
					Cracow	1,004 (0,998-1,009)
					London	1,007 (1,004-1,010)
					Madrid	1,006 (1,002-1,010)
					Paris	1,005 (1,001-1,009)
					Rome	1,011(1,006-1,015)
					Stockholm	1,006 (0,999-1,013)
					Tel-Aviv	1,006 (1,002-1,011)

Table 2 (cont), Summary LONG-TERM Health impact assessment (HIA)						
	Health indicator	ICD 9	ICD10	Tool	RR (95% IC) For 10 µg/m ³ increase	Scenarios
Long term HIA for all-cities report						
Attributable cases						Annual mean
PM10	All causes mortality (excluding external causes)	< 800	A00-R99	French PSAS-9 Excel spreadsheet	Kunzli et al, 2000 1.043 (1.026 -1.061)	Reduction to 40 µg/m ³ Reduction to 20 µg/m ³ Reduction by 5 µg/m ³
PM2.5	All causes mortality Cardiopulmonary mortality LCA	0-999 401-440 and 460-519 162	A00-Y98 I10-I70 and J00-J99 C33-C34	French PSAS-9 Excel spreadsheet	CA III Pope, 2002 1.06 (1.02 - 1.11) 1.09 (1.03 - 1.16) 1.14 (1.04 - 1.23)	Reduction to 20 µg/m ³ Reduction to 15 µg/m ³ Reduction by 3.5 µg/m ³
YoLL						Annual mean
PM2.5	All causes mortality Cardiopulmonary mortality LCA	0-999 401-440 and 460-519 162	A00-Y98 I10-I70 and J00-J99 C33-C34	WHO AirQ software	CA III Pope, 2002 1.06 (1.02 - 1.11) 1.09 (1.03 - 1.16) 1.14 (1.04 - 1.23)	Reduction to 20 µg/m ³ Reduction to 15 µg/m ³ Reduction by 3.5 µg/m ³
Complementary LT HIA for some cities report						
Prospective scenarios on air pollution, prospective scenarios on birth numbers	Local choice	-	-	WHO AirQ software	-	-

Also different approaches were used to describe the impacts:

For PM₁₀, short and long-term findings are expressed in terms of number of attributed deaths per year. For short-term also the number of attributed hospital admissions were calculated.

For PM_{2.5}, long-term findings are expressed in terms of:

- Number of attributed deaths per year.
- Number of expected years of life lost due to deaths in one year.
- Expected gain in life expectancy.

1. Health Impact Assessment (HIA) Scenarios

1.1. Short-term scenarios

We used the following scenarios to estimate the acute effects of short-term exposure to PM₁₀ on mortality and hospital admissions over one year (using the measured PM₁₀ values).

Short term HIA scenarios for PM₁₀

- **Short-term HIA of PM₁₀ on 0-1 days and cumulative HIA of PM₁₀ up to 40 days**

We used three scenarios to estimate the acute health effects of PM₁₀ on 0-1 days and cumulative health effects of PM₁₀ up to 40 days on all causes (excluding external causes), cardiovascular and respiratory mortality over one year:

- Reduction of PM₁₀ levels to a 24-hour value of 50 µg/m³ on all days exceeding this value.
- Reduction of PM₁₀ levels to a 24-hour value of 20 µg/m³ on all days exceeding this value.
- Reduction of PM₁₀ by 5 µg/m³ of all the 24-hour values.

- **Combined local and meta-analytic estimates (shrunk estimates) for short-term HIA of PM₁₀**

We used the same scenarios as above and combined local and meta-analytic estimates to calculate the acute health effects of PM₁₀ on all causes of death (excluding external causes) over one year. This sensitivity analysis was done to study the interest of including the weight of a local estimate in the combined (meta-analytic) one.

1.2. Long-term scenarios

Long-term HIA scenarios for PM₁₀

We used three scenarios to estimate the chronic effects of long-term exposure to PM₁₀ on all causes mortality (excluding external causes) over one year (using the corrected PM₁₀ values):

- Reduction of the annual mean value of PM₁₀ to a level of 40 µg/m³ (EC 2005 limit value for PM₁₀)
- Reduction of the annual mean value of PM₁₀ to a level of 20 µg/m³ (EC 2010 limit value for PM₁₀)
- Reduction of the annual mean value of PM₁₀ by 5 µg/m³.

Long term HIA for PM_{2.5}

We estimated chronic effects of PM_{2.5} in Tel-Aviv district population over 30 years old as impacts on mortality due to all causes, due to cardiopulmonary and due to lung cancer deaths, using converted PM₁₀ values.

The following three pollution scenarios were considered:

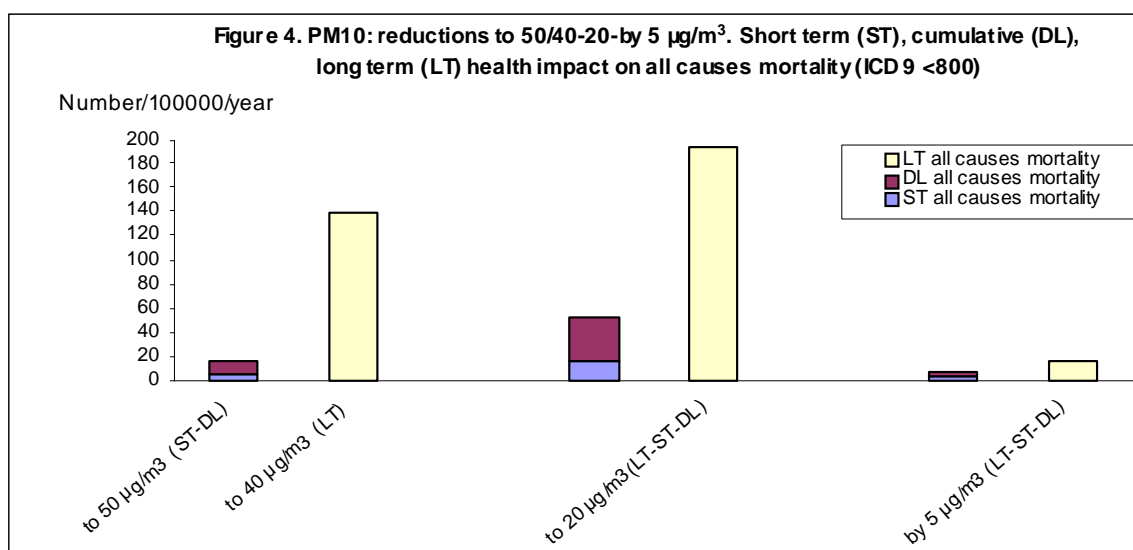
- Reduction of the annual mean value of PM_{2.5} to a level of 20 µg/m³
- Reduction of the annual mean value of PM_{2.5} to a level of 15 µg/m³
- Reduction by 3.5 µg/m³ in the annual mean value of PM_{2.5}.

2. PM₁₀ findings

2.1. Short-term HIA of PM₁₀ on 0-1 days, cumulative HIA of PM₁₀ up to 40 days, and long term HIA of PM₁₀

2.1.1. Mortality findings

The following graphs show the health impact of PM₁₀ on mortality for different time lags: Short-term - ST (0-1 day lag), cumulative (up to 40 days lag) – DL (distributed lag) and long-term (years) – LT.

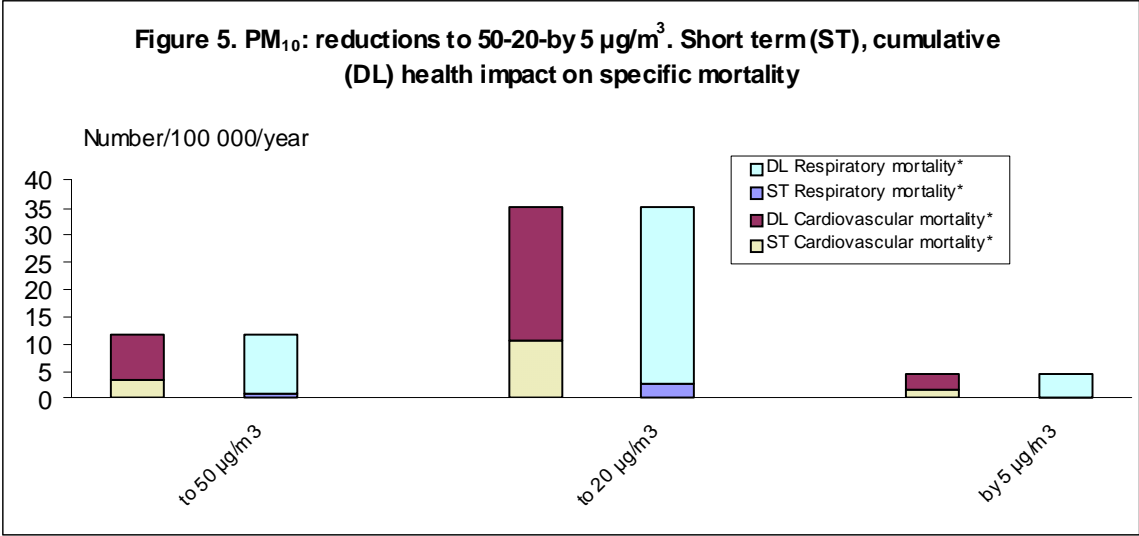


- PM₁₀ data for 1998, mortality data for 1998

In Figure 4 the potential benefits of reducing PM₁₀ levels during the different time frames - short-term (ST), cumulative (DL) and long-term (LT) are presented in terms of number of lives saved per 100000 Population, due to all cause mortality.

As can be seen from Figure 4, about 140 death cases per 100000 inhabitants can be avoided by reducing annual levels of PM₁₀ to 40µg/m³, and by reducing annual PM₁₀ levels by just 5 µg/m³, 10 cases per 100000 inhabitants can be saved.

The reduction of all causes mortality in the cumulative time frame (DL-40 days distributed lag), is about twice as high as in the short-term (0-1 days) time frame, in all the PM₁₀ scenarios (Figure 4).



*Cardiovascular mortality (ICD9 390-459), respiratory mortality (ICD9 460-519).
 ** PM₁₀ data for 1998, mortality data for 1998

In figure 5 the potential benefits of the reduction of PM₁₀ levels in the short-term (ST) and in the cumulative (DL) time frames are presented in terms of the number of lives saved per 100000 inhabitants due to respiratory and cardio-vascular mortality.

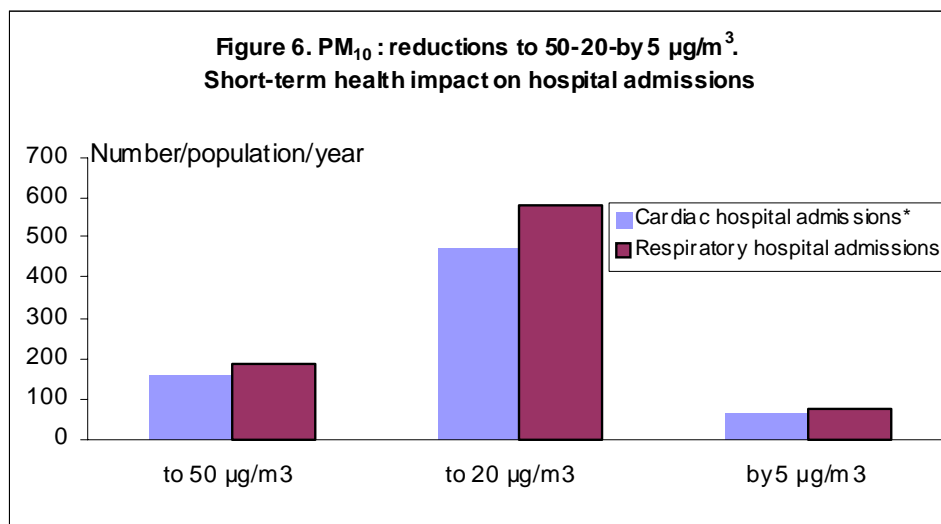
The reduction of cardio-vascular and of respiratory mortality in the cumulative time-frame is about three times higher than in the short term time frame in all the PM₁₀ scenarios (Figure 5).

Most studies of air pollution and daily deaths have related pollution levels to death in the day or two immediately following exposure. Recently, several studies have looked at longer follow up periods (*Schwartz, Dominici, Zanobetti*) and reported that the cumulative effect was more than twice that found using only two days of follow up. These results, using distributed lag models (*Schwartz*) are the primary basis for our estimates of the delayed short-term effects of changes in air pollution concentrations.

Similarly to these results we found the larger impact on mortality of longer follow-up periods (up to 40 days) compared to short-term periods (0-1 lag) for the different PM₁₀ scenarios and for total as well as respiratory and cardio-vascular mortality.

2.1.2. Hospital admissions findings

We estimated the acute effects of short-term exposure to PM₁₀ on cardiac and respiratory hospital-admissions over one year. The HIA (health impact assessment) on hospital admissions is presented in Figure 6.



* Cardiac (ICD9 390-429) and respiratory hospital admissions (ICD9 460-519)

** PM₁₀ data for 1998, hospital admissions data for 1998

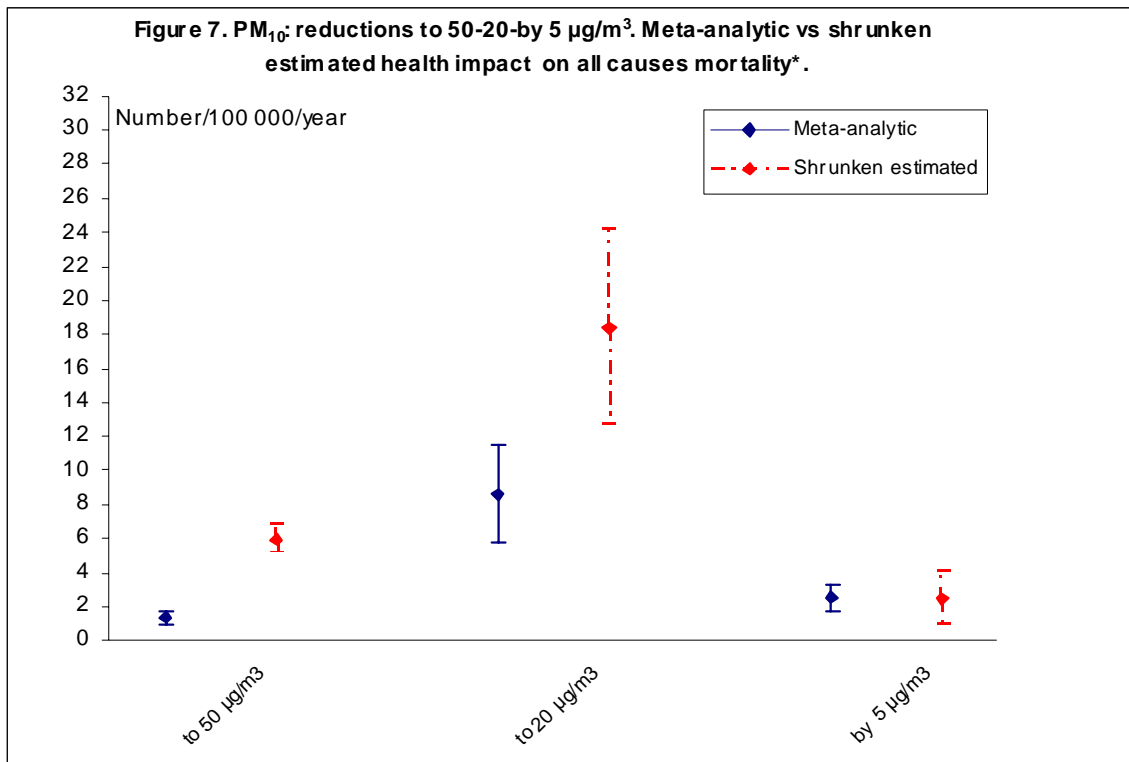
As can be seen from Figure 6 the short-term impact of air pollution reductions on cardiac hospital admissions is somewhat lower than that on respiratory hospital admissions in the three studied scenarios.

For instance, a reduction of daily PM₁₀ levels higher than 20µg/m³ to 20µg/m³ could have saved 475 cardiac- and 579 respiratory hospital admissions.

2.2. Combined local and meta-analytic estimates (shrunk estimates – SE) for the health effects of PM₁₀

We combined local and meta-analytic estimates (shrunk estimates-SE) to calculate the acute health effects of PM₁₀ on all causes of death (excluding external causes) over one year. The shrunk estimate has the property to derive the overall estimate at the local level by combining information from the city-specific estimate and the overall one and can be considered as a weighted mean between these two estimates.

Figure 7 compares short-term (0-1 days) health impact assessment of PM₁₀ with that of the combined estimate.



* All causes mortality excluding external causes (ICD9 < 800)

** PM₁₀ data for 1998, mortality data for 1998

The combined local and meta-analytic estimates (SE) for the health impact assessment for Tel-Aviv for both the 50µg/m³ and 20µg/m³ PM₁₀ scenarios are markedly higher than the meta-analytic estimates. However, for the scenario of a reduction of PM₁₀ levels by 5µg/m³, the combined local HIA is similar to the meta-analytic HIA.

3. PM_{2.5} findings

3.1. Long-Term attributable cases for PM_{2.5}.

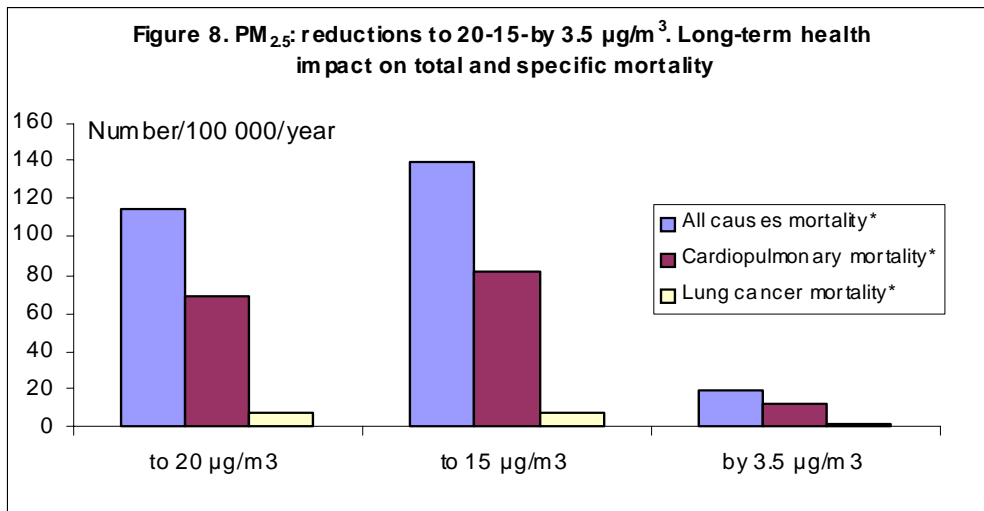
We also used three scenarios to estimate the chronic effects of long-term exposure to PM_{2.5} on mortality over one year.

Figure 8 presents the attributable number of all causes, cardiopulmonary and lung cancer deaths expressed as per 100 000 inhabitants.

As expected, the stricter the target of PM_{2.5} reduction, the larger the number of lives saved for all causes-, for cardiopulmonary- and for lung-cancer mortality.

For instance a reduction of annual mean value of PM_{2.5} from 42.9µg/m³ to 20 µg/m³ could save 115/100000 lives due to all causes, 68/100000 cardio-pulmonary mortality cases and about 8/100000 lung cancer fatalities.

For Tel-Aviv population this means a potential reduction of 1267 death cases, 750 cardiopulmonary deaths and 76 lung cancer death cases.



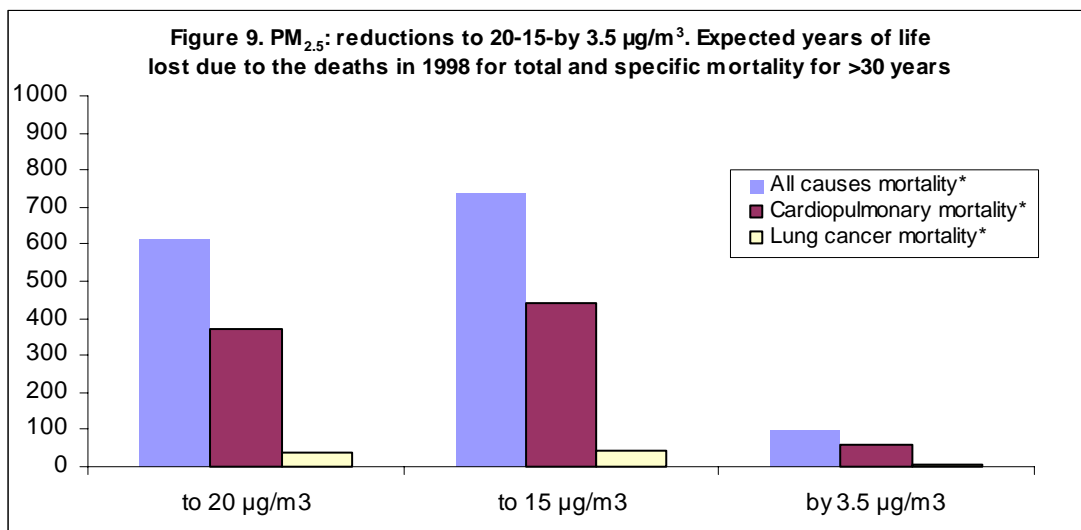
* All causes mortality (ICD9 0-999), cardiopulmonary mortality (ICD9 401-440 and 460-519), lung cancer mortality (ICD9 162).

** PM_{2.5} data for 1998, mortality data for 1998

3.2. Years of life lost (YoLL) for PM_{2.5}

We estimated the years of life lost attributable to the chronic effects of PM_{2.5} using both the exposure and the mortality data for 1998.

Figure 9 presents the years of life lost for all causes, cardiopulmonary and lung cancer deaths for people 30 years of age or older in the population of Tel-Aviv in the first year of calculation.



* All causes mortality (ICD9 0-999), cardiopulmonary mortality (ICD9 401-440 and 460-519), lung cancer mortality (ICD9 162).

** PM_{2.5} data for 1998, mortality data for 1998

As can be seen from figure 9, for all causes of deaths, all other things being equal, reduction of PM_{2.5} to 20µg/m³ could have saved 616 years of expected life in people older than 30 years in Tel-Aviv metropolitan. For cardiopulmonary mortality, this number would be about 370 and for lung cancer mortality about 38.

3.3. Gain in life expectancy

Table 3. Life expectancy and its possible increase by reduction of air pollution to 15µg/m³ in Tel-Aviv

Age	Life expectancy	Expected gain in life expectancy		
		Mean	Low estimate	High estimate
At birth	78.57	1.78	0.47	3.10
30	49.52	1.81	0.47	3.14
65	17.68	1.48	0.39	2.59

As can be seen from table 3, in terms of life expectancy, all other things being equal, if annual mean PM_{2.5} levels (42.9 µg/m³) would be reduced to 15 µg/m³, the 49.52 years of life expectancy in a person of 30 years old would be increased by 1.81 years, due to reduced risk of death from all causes in the city of Tel-Aviv.

Interpretation of findings

- Exposure assessment for 1998:

- There were no major changes in the air pollution network (as presented in the Apheis 2 report), which may affect exposure data for Apheis 3. The PM₁₀ data from the same 2 monitoring stations used in Apheis 2, were used for Apheis 3 analysis. PM₁₀ was continuously measured using Teom equipment. According to WHO guidelines, we used a correction factor of 1.3 for the automatic measurements of PM₁₀ carried out in 1998, in order to compensate for losses of volatile particulate matter. Since no measurements of PM_{2.5} were carried out in 1998, we used a local conversion factor of 0.5 to calculate PM_{2.5} from corrected PM₁₀ measurements.

Measured daily mean levels (SD) of PM₁₀ were 66 (119) µg/m³. The levels of PM₁₀ reached during the days with the lowest (5th percentile) and the highest (95th Percentile) levels were 29µg/m³ and 105µg/m³ respectively. The number of days on which air pollutants exceeded limit levels were as follows: levels were above 20µg/m³ on 365 days and on 176 days the levels were above 50µg/m³.

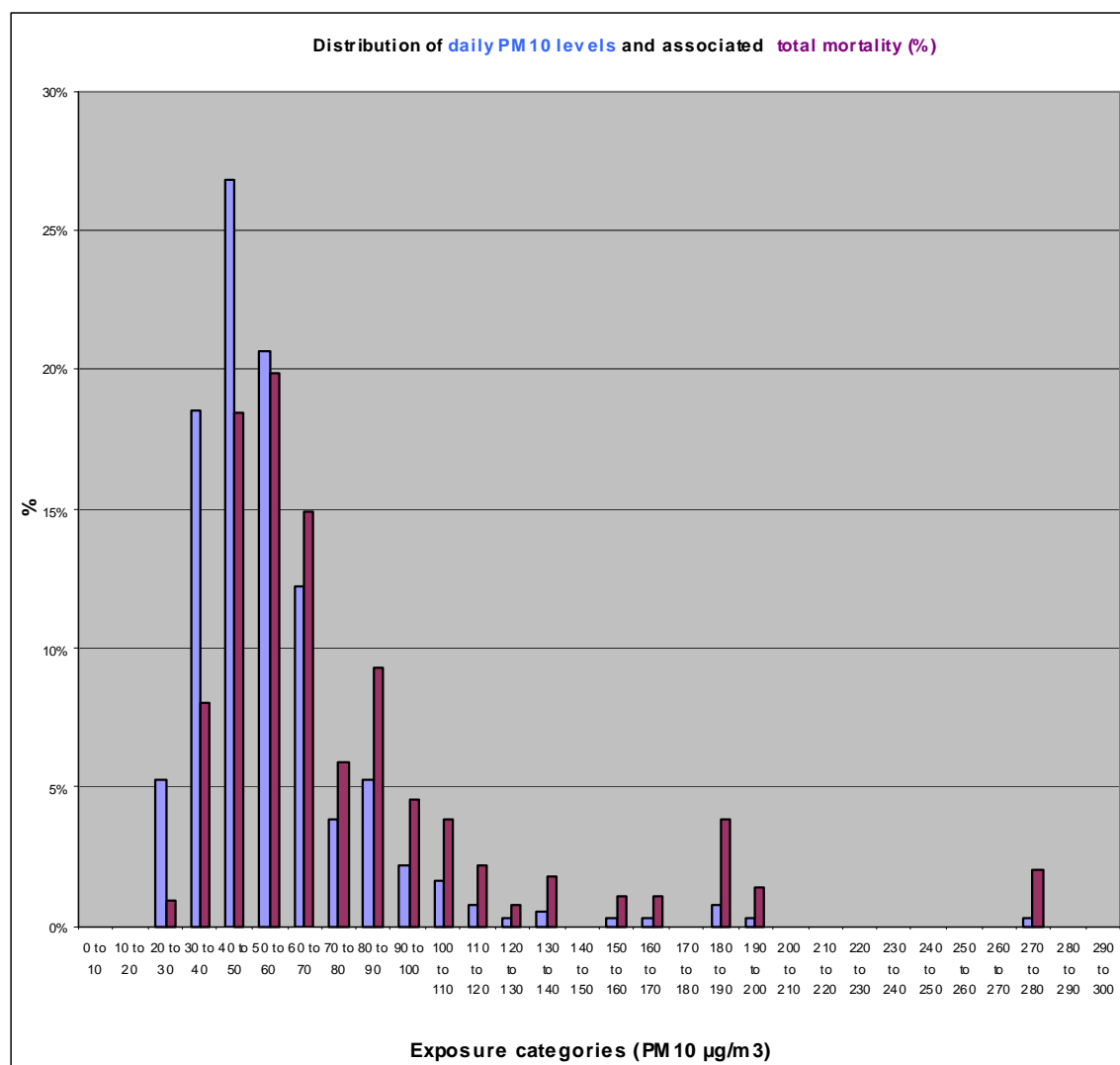
- Health outcomes for 1998:

- For long-term scenarios, the reduction of annual corrected mean values of PM₁₀ to levels of 20µg/m³ (EC target for 2010) and 40µg/m³ (EC target for 2005) could have saved 194 and 140 lives per 100,000 inhabitants, respectively (Appendix Table 9). For the population of Tel-Aviv, this means, saving 2131 and 1536 lives, respectively. The reduction of converted annual mean values of PM_{2.5} to levels of

15 $\mu\text{g}/\text{m}^3$ and 20 $\mu\text{g}/\text{m}^3$ could have saved 139 and 115 lives per 100,000 inhabitants, respectively (Appendix Table 10). For the population of Tel-Aviv, this means, saving 1529 and 1267 lives, respectively.

- Differences between short and distributed lag findings for PM₁₀ are as follows: the reduction of all causes mortality up to 40 days (DL distributed lag) is about twice as high as for short-term (0-1 lag) in the different scenarios (figure 4). The reduction of cardio-vascular and of respiratory mortality up to 40 days (DL distributed lag) is about three times higher than the short-term (0-1 lag) in the different scenarios (figure 5).
- Findings for PM_{2.5} in terms of attributable cases, life expectancy and YoLL are as follows: as can be seen from figure 9, for all causes of deaths, all other things being equal, reduction of PM_{2.5} to 20 $\mu\text{g}/\text{m}^3$ in 1998 could have saved 616 years of expected life in people older than 30 years in Tel-Aviv metropolitan. For cardiopulmonary mortality, this number would be 370 and for lung cancer mortality - 38.
In terms of life expectancy, all other things being equal, if annual mean PM_{2.5} levels (42.9 $\mu\text{g}/\text{m}^3$) would be reduced to 15 $\mu\text{g}/\text{m}^3$, the 49.52 years of life expectancy in a person of 30 years old would be increased by 1.81 years, due to reduced risk of death from all causes in the city of Tel-Aviv.
- According to figure 10, most mortality cases occur during days with PM₁₀ levels in the relatively lower range of 23-105 $\mu\text{g}/\text{m}^3$; still about 15% of the cases occur during PM₁₀ peaks (5% of the days).

Figure 10. Short term distribution of PM₁₀ levels and associated percentage of mortality cases.



General comments and conclusions

- The new evidence provided by the third phase of the Apehis-programm confirmed the findings of Apehis 2 , that air pollution continues to pose a significant threat to public health in urban environments in Europe.
- Although the official agencies did not show any interest in the disturbing results achieved so far, it is very important to reiterate the analysis in order to draw public attention to the serious health impact of exposure to community air pollution.
- We hope that the current results will draw more attention from the relevant authorities, since the health impact of exposure to air pollution in Tel-Aviv is very severe.
- Since currently there are no allocated resources to continue the Apehis surveillance system, we are quite anxious about its future in Tel-Aviv.

Appendix

1. Tables for PM₁₀ findings

1.1 Health effects of PM₁₀ on 0-1 days

Tables 1, 2, 3 present the attributable number of all causes, cardiovascular and respiratory deaths expressed as absolute numbers and as rates per 100 000 inhabitants. Table 4 presents the results for cardiac and respiratory hospital admissions.

Table 1. Deaths all causes (ICD9 < 800). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the acute effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths			N° of deaths per 100 000		
		central	lower	upper	central	lower	upper
20 µg/m ³	365	190.90	126.66	255.76	17.35	11.51	23.25
50 µg/m ³	176	61.50	40.78	82.44	5.59	3.71	7.49
By 5 µg/m ³	NA*	25.75	17.18	34.32	2.38	1.56	3.12

*NA: not applicable

Table 2. Cardiovascular deaths (ICD9 390-459). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the acute effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths			N° of deaths per 100 000		
		central	lower	upper	central	lower	upper
20 µg/m ³	365	115.36	63.48	168.27	10.49	5.77	15.30
50 µg/m ³	176	37.53	20.63	54.81	3.41	1.88	4.98
By 5 µg/m ³	NA*	15.37	8.55	22.18	1.40	0.78	2.02

*NA: not applicable

Table 3. Respiratory deaths (ICD9 460-519). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the acute effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths central	N° of deaths lower	N° of deaths upper	N° of deaths per 100 000 central	N° of deaths per 100 000 lower	N° of deaths per 100 000 upper
		20 µg/m ³	365	30.05	11.34	49.52	2.73
50 µg/m ³	176	9.91	3.73	16.37	0.90	0.34	1.49
By 5 µg/m ³	NA*	3.94	1.52	6.35	0.36	0.14	0.58

*NA: not applicable

Table 4. Cardiac (ICD9 390-429) and respiratory (ICD9 460-519) hospital admissions. Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number (95% confidence limits) attributable to the acute effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year		
		N° of hospital admissions central	N° of hospital admissions lower	N° of hospital admissions upper
		Hospital admissions for cardiac diseases (all ages)		
20 µg/m ³	365	475.44	236.02	718.35
50 µg/m ³	176	153.16	75.97	231.63
By 5 µg/m ³	NA*	64.14	32.09	96.14
Hospital admissions for respiratory diseases (all ages)				
20 µg/m ³	365	579.14	311.02	859.56
50 µg/m ³	176	189.91	101.82	282.35
By 5 µg/m ³	NA*	76.40	41.60	111.77

*NA: not applicable

1.2. Cumulative health effects of PM₁₀ up to 40 days

Tables 5, 6, 7 present the attributable number of all causes, cardiovascular and respiratory deaths expressed as absolute numbers and as rates per 100 000 inhabitants.

Table 5. Cumulative health effects of PM₁₀ up to 40 days and all causes of deaths (ICD 9 < 800). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths		N° of deaths per 100 000		N° of deaths per 100 000	
		central	lower	upper	central	lower	upper
20 µg/m ³	365	385.37	251.83	520.36	35.03	22.89	47.31
50 µg/m ³	176	126.73	82.70	171.36	11.52	7.52	15.58
By 5 µg/m ³	NA*	50.65	33.47	67.63	4.60	3.04	6.15

*NA: not applicable

Table 6. Cumulative health effects of PM₁₀ up to 40 days and cardiovascular deaths (ICD9 390-459) (1998). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths		N° of deaths per 100 000		N° of deaths per 100 000	
		central	lower	upper	central	lower	upper
20 µg/m ³	365	191.91	133.53	252.23	17.45	12.14	22.93
50 µg/m ³	176	64.67	44.91	85.18	5.88	4.08	7.74
By 5 µg/m ³	NA*	24.45	17.28	31.62	2.22	1.57	2.87

*NA: not applicable

Table 7. Cumulative health effects of PM₁₀ up to 40 days and respiratory deaths (ICD9 460-519). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
		central	lower	upper	central	lower	upper
20 µg/m ³	365	92.22	22.05	178.69	8.38	2.00	16.24
50 µg/m ³	176	33.47	7.91	65.95	3.04	0.72	6.00
By 5 µg/m ³	NA*	10.67	2.79	18.67	0.97	0.25	1.70

*NA: not applicable

1.3. Combined local and meta-analytic estimates for the health effects of PM₁₀

Table 8 presents the attributable number of all causes of deaths expressed as absolute numbers and as rates per 100 000 inhabitants.

Table 8. Combined local and meta-analytic estimates for the health effects of PM₁₀ and all causes of deaths (ICD9 < 800). Potential benefits of reducing daily PM₁₀ levels (1998) above 20 to 20 µg/m³, above 50 to 50 µg/m³ and all days by 5 µg/m³. Absolute number and number per 100 000 inhabitants (95% confidence limits) attributable to the acute effects of PM₁₀

Scenarios	Number of days per year exceeding 20 and 50 µg/m ³	Attributable cases per year					
		N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
		central	lower	upper	central	lower	upper
20 µg/m ³	365	201.92	66.91	340.32	18.36	6.08	30.94
50 µg/m ³	176	65.12	21.55	109.90	5.92	1.96	9.99
By 5 µg/m ³	NA*	27.20	9.11	45.33	2.47	0.82	4.12

*NA: not applicable

1.4 Long term health effects of PM₁₀

Table 9 presents the attributable number of all causes of deaths expressed as absolute numbers and as rates per 100 000 inhabitants.

Table 9. Deaths all causes (ICD9 < 800). Potential benefits of reducing annual mean values of PM₁₀ (1998) to levels of 20 and 40 µg/m³, and by 5 µg/m³. Absolute number of deaths and number of deaths per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM₁₀

	Attributable cases per year					
	N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
	central	lower	upper	central	lower	upper
20 µg/m ³	2131.53	1229.62	3178.68	193.78	111.78	288.97
40 µg/m ³	1535.76	901.54	2247.81	139.61	81.96	204.35
By 5 µg/m ³	185.67	112.73	262.25	16.88	10.25	23.84

2. Tables for PM_{2.5} findings

2.1. Long term health effects of PM_{2.5}.

Tables 10,11,12 present the attributable number of all causes, cardiopulmonary and lung cancer deaths expressed as absolute numbers and as rates per 100 000 inhabitants.

Table 10. Deaths all causes (ICD9 0-999). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Absolute number of deaths and number of deaths per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

	Attributable cases per year					
	N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
	central	lower	upper	central	lower	upper
15 µg/m ³	1527.13	376.41	2830.00	138.83	34.22	257.3
20 µg/m ³	1267.49	316.01	2321.12	115.23	28.73	211.01
By 3,5 µg/m ³	208.97	54.38	366.33	19.00	4.94	33.30

Table 11. Cardiopulmonary deaths (ICD9 401-440 and 460-519). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Absolute number of deaths and number of deaths per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

Attributable cases per year						
	N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
	central	lower	upper	central	lower	upper
15 µg/m ³	897.61	300.29	1597.78	81.60	27.30	145.25
20 µg/m ³	750.12	254.73	1314.48	68.19	23.16	119.50
By 3,5 µg/m ³	127.02	45.59	210.29	11.55	4.14	19.12

Table 12. Lung cancer deaths (ICD9 162). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Absolute number of deaths and number of deaths per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

Attributable cases per year						
	N° of deaths	N° of deaths	N° of deaths	N° of deaths per 100 000	N° of deaths per 100 000	N° of deaths per 100 000
	central	lower	upper	central	lower	upper
15 µg/m ³	90.10	27.30	169.15	8.19	2.48	15.38
20 µg/m ³	75.94	23.53	139.21	7.90	2.14	12.66
By 3,5 µg/m ³	13.30	4.47	22.40	1.21	0.41	2.04

2.2. Long-term health effects of PM_{2.5}: Years of Life Lost

Tables 13,14,15 present the years of life lost of all causes, cardiopulmonary and lung cancer deaths expressed as absolute numbers and as rates per 100 000 inhabitants.

Table 13. Deaths all causes >30 years, male and female, for one year (ICD9 0-999). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Years of life lost (YoLL) and YoLL per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

Years of life lost						
	YoLL	YoLL	YoLL	YoLL per 100 000	YoLL per 100 000	YoLL per 100 000
	central	lower	upper	central	lower	upper
15 µg/m ³	738.97	205.45	1213.12	64.57	17.95	106.01
20 µg/m ³	615.50	169.39	1020.47	53.78	14.80	89.17
By 3,5 µg/m ³	98.93	26.15	170.64	8.64	2.29	14.91

Table 14. Cardiopulmonary deaths >30 years, male and female, for one year (ICD9 401-440 and 460-519). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Years of life lost (YoLL) and YoLL per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

	Years of life lost					
	YoLL	YoLL	YoLL	YoLL	YoLL	YoLL
	central	lower	upper	per 100 000	per 100 000	per 100 000
15 µg/m ³	440.91	172.18	670.93	38.53	15.05	58.63
20 µg/m ³	369.81	142.52	569.86	32.32	12.45	49.80
By 3,5 µg/m ³	61.12	22.35	99.15	5.34	1.95	8.66

Table 15. Lung cancer deaths >30 years, male and female, for one year (ICD9 162). Potential benefits of reducing annual mean values of PM_{2.5} (1998) to levels of 15 and 20 µg/m³, and by 3,5 µg/m³. Years of life lost (YoLL) and YoLL per 100 000 inhabitants (95% confidence limits) attributable to the chronic effects of PM_{2.5}

	Years of life lost					
	YoLL	YoLL	YoLL	YoLL	YoLL	YoLL
	central	lower	upper	per 100 000	per 100 000	per 100 000
15 µg/m ³	45.15	17.23	67.25	3.95	1.51	5.88
20 µg/m ³	38.19	14.30	57.91	3.34	1.25	5.06
By 3,5 µg/m ³	6.54	2.26	10.69	0.57	0.20	0.93